## **Worship Associate's Reflection**

by Bruce Langston

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I have an opinion about perfection... there's no such thing. Many people torture themselves and their loved ones day-in and day-out because they're not perfect. Some people toil under the misperception that they are perfect and subject others to a constant barrage of messages that those others, that is the rest of us, that we're not fit or valuable on this earth or in our communities.

What's worse, I think, and more pervasive, is people who think they themselves are a failure for not being perfect by some unreasonable standard. They can't allow that, despite being perfectly imperfect, they are valuable, critical members of our society and the various circles and communities of which we all are a part.

The fact is that we are all valuable, critical members of our society and of those circles and communities.

We have critical roles to play in each of those circles, whether it's as a member of humanity, inhabiting the planet, as a citizen of the United States and of Georgia and Roswell or Alpharetta or Milton or whichever town we live in. We can vote in our federate, state and local elections, probably the biggest power we have. We can attend city council and county commission meetings. We can attend workshops like Milton and Roswell had recently to discuss and determine park plans or hiking and bicycle paths.

Members of UUMAN, imperfect as they all will surely admit, have played critical roles in running for local office, working very hard to save local historically significant buildings with beautiful, natural grounds and helped make them sustainable and recognized as such.

Another perfectly imperfect member has participated humbly supporting native tribal peoples in their fight to keep their land free from oil pipelines and other

Reverend Dave and our members have reached out to other local, nearby faith communities and found common ground for community-building, including those whom others seek to marginalize.

Nobody can be me better, every minute and every second, than I can myself. In fact, I am the perfect me. If you think about that logically, it is literally true,

The same applies to you. Strive to be better. Be open to help and constructive criticism from your loved ones and your communities. Be helpful to others. Help them better be their perfect selves.

Be the perfect you. You have no choice. We're depending on you.